

MARCH 2018

SOUTH BEND COMMUNITY SCHOOLS PRIMARY

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.
Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab --n- Go

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch
 Sloppy Joe/ WG Bun
 Sweet Potatoes Fries
 Pineapple Tidbits

Lunch
 WG French Toast
 Sausage
 Seasoned Potato Cubes
 Cinnamon Applesauce

Lunch
 WG Pizza
 Broccoli
 Fresh Fruit

Lunch
 Meatloaf w/Mashed Potatoes
 w/Gravy & WG Dinner Roll
 Cooked Carrots
 Pineapple
Breakfast
 Breakfast Wrap

Lunch
 Fish Patty on WG Bun
 Baked Beans
 Applesauce
Breakfast
 French Toast

Lunch
 Chicken Tenders
 WG Dinner Roll
 Green Beans
 Diced Peaches
Breakfast
 Taco to Go

Lunch
 Beef & Cheese Nachos
 WG Tostito Chips
 Corn
 Mixed Fruit
Breakfast
 Smoothie or Yogurt w/WG Cracker

Lunch
 Chicken Patty on WG Bun
 Baked Beans
 Strawberries
Breakfast
 WG Sausage Toast

Lunch
 Cheese Burger on WG Bun
 Sweet Potato Fries
 Diced Peas
Breakfast
 WG Breakfast Slider

Lunch

Lunch
 Chicken Nuggets w/Dinner Roll
 Maple Roasted Sweet Potato
 Diced Peaches
Breakfast
 WG French Toast

Lunch
 Taco Salad w/WG Eatable Bowl
 Shredded Romaine Lettuce
 Refried Beans
 Diced Peas
Breakfast
 Smoothie or Yogurt w/WG Cracker

Lunch
 WG Pizza
 Broccoli
 Fresh Fruit
Breakfast
 Mini Cinnamon Bagel

Lunch
 Baked Chicken w/Dinner Roll
 Mashed Potatoes w/Gravy
 Peas and Carrots
 Applesauce
Breakfast
 WG Breakfast Wrap

Lunch
 Cheese Rippers
 Baked Beans
 Frozen Fruit Cup
Breakfast
 WG Mini Cinnamon Waffles

Lunch
 Chicken Patty w/WG Bun
 Baked Beans
 Diced Peaches
Breakfast
 WG Mini Blueberry Pancakes

Lunch
 Burrito
 Corn
 Applesauce
Breakfast
 Smoothie or Yogurt w/WG Cracker

Lunch
 Mozzarella sticks w/Marinara
 Spinach Romaine Salad
 Green Beans
 Fresh Fruit
Breakfast
 Eggstravaganza w/Toast

Lunch
 Meatloaf w/Mashed Potatoes
 w/Gravy & WG Dinner Roll
 Cooked Carrots
 Pineapple
Breakfast
 Breakfast Wrap

Lunch

This institution is an equal opportunity provider.

Esta institución es un proveedor que ofrece igualdad de oportunidades

